

Alicia Gomez, LMFT
Licensed Marriage Family Therapist (MFC####)
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SUMMARY

Ten years experience in various mental health positions. Experience includes Program Management, Clinical Supervision, Assessment, and Therapy. Special depth in:

- Parent Infant Psychotherapy
- Reflective Supervision
- Adolescent Mental Health
- Infant Mental Health
- Treatment Plan Development
- Family Counseling

PROFESSIONAL EXPERIENCE

CARING SERVICES FOR CHILDREN, Home Town, CA **2010-Present**

Clinical Supervisor/Mental Health Consultation Program Supervisor

Responsibilities include clinical supervision of MFT/LSCW interns, consultation for Support Services Program and Provision of Parent Infant Psychotherapy for a home visiting program. Provision of clinical supervision for individuals and group for mental health consultants from 4 agencies within MyTown County

CHILDREN, INC., Home Town, CA **2009**

Clinical Supervisor

Clinical supervisor for mental health program in an agency that provides early care and education programs at approximately 30 sites throughout 4 counties. Responsibilities include administration and management of contracts including EPSDT, First Five, and Early Start. Provide clinical supervision for 7 clinicians, and direct service in a home visiting model, mental health consultation, and supervision for mental health consultants.

FAMILIES AND CHILDREN, INC., Hometown, CA **2007 – 2009**

Early Childhood Mental Health Program Manager

Administration and management of several city and county contracts for the Early Childhood Mental Health Program. Provide Administrative and Clinical supervision and consultation for ECMH Program as well as other programs within the agency, continued utilization of strength based and reflective supervision model. Provide performance reviews, ongoing staff training and special projects as needed.

COUNTY HEALTH CENTER, Hometown, CA **2001 – 2007**

Supervisor (2004-2007)

Supervision of a team consisting of 6 case managers, utilization of Reflective Supervision Model and strength based supervision. Assistance in areas of Parent/Child Attachment, Child Development, Adolescent/Infant Mental Health, Crisis Intervention, Drug and Alcohol Assessment, and Program referrals. Implementation of 6-month and yearly performance reviews, ongoing training of staff and special projects as assigned. Experience in AFLP and TCM program management, budget tracking and creation of monthly and annual reports for both federal and county funding streams. Knowledge of EPSDT paperwork, creation and implementation of treatment plans for children 0-5 and some collateral case work.

Case Manager II (2001-2004)

Experience in case management and brief therapy of pregnant and parenting teens. Assistance in areas of Parent/Child Attachment, Child Development, Adolescent/Infant Mental Health, Crisis Intervention, and Program referrals. Implementation of support groups in various mainstream and alternative schools in MyTown County.

COMMUNITY BEHAVIORAL HEALTH, Hometown, CA **1999 – 2001**
Intake Team Supervisor (2000-2001)

Supervision of a clinical intake team usually containing 8-10 employees. Manage sick and vacation tracking, conduct 6 month and yearly performance reviews, ongoing training of staff and special projects as required. This position also encompasses the duties of Intake Counselor.

Mental Health Intake Counselor (1999-2000)

Assessment and clinical intake of members, explanation and authorization of mental health and chemical dependency benefits

- Crisis Intervention
- Chemical Dependency Assessment and Intervention
- New Hire Training

COUNTY UNIFIED SCHOOL DISTRICT, Hometown, CA **1998 – 2001**
Registered Marriage Family Therapist Intern

Assessment and counseling of elementary school age children

- Presentation of client cases in theoretical format
- Administered client assessment reports
- Continued experience in child therapy techniques
- Crisis Intervention/CPS reporting

MY STATE UNIVERSITY, Hometown, CA **1997 - 1998**
COMMUNITY COUNSELING CENTER

Trainee Counselor

Counseled individuals, couples, children, and families.

- Administered in-take forms for new clients
- Produced client assessment reports
- Performance experience in Family and Play Therapy
- Presented client cases in theoretical format

PROFESSIONAL TRAINING

EARLY CHILDHOOD MENTAL HEALTH FELLOWSHIP, Hometown, CA **2006-2007 (FELLOW)**
2008-PRESENT (REFLECTIVE FACILITATOR)

Fifteen-month intensive interdisciplinary learning experience for licensed and/or credentialed professionals working with children 0-5 and their families. It is designed to enhance the understanding of infant-parent mental health concepts and in developing skills, relevant to individual scope of practice. Learning is focused on development of the infant-parent relationship and optimizing the functionality and resilience of this relationship through preventive interventions, assessment, monitoring, support, treatment, and population based policies before dysfunctional patterns emerge or become entrenched. Fellows gain experience in diagnosing social-emotional, developmental, attachment relationship, and regulatory conditions in infant and young children, and in screening for conditions in the parent and child relationship that require referrals for specialized assessment and treatment. Currently serve as Reflective Facilitator for incoming Fellows.

SPECIALIZED TRAINING IN REFLECTIVE SUPERVISION AND FACILITATION **2004-Present**

Participation in extensive training and consultation in the model of Reflective Supervision including overview, basic skills, and advanced use of this model as both a participant and supervisor. Training and consultation provided by the Early Childhood Mental Health Program at Children's Hospital in Hometown, CA

INFANT MENTAL HEALTH SEMINAR (CHILDREN'S HOSPITAL, HOMETOWN)

2003-2006

Training seminar includes basic theory, assessment and techniques for Infant and Early Childhood Mental Health Services that address the culture and context of the family. Strongly emphasizes the clinical process, and development and delivery of services to a socio-culturally diverse population.

EDUCATION

Bachelor of Arts - Human Development
Hometown State University, Hometown, 1993
Graduated with 3.0 GPA
Attended college while working full-time.

Masters of Science - Educational Psychology
Option in Marriage, Family Therapy
Emphasis in Organizational Behavior.
Hometown State University, Hometown, 1998
Graduated Summa cum Laude with a 3.8 GPA